



## **Monika Arora**



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Thursday, 27 April Health is Everyone's Business Dr Monika Arora is a public health scientist working in the area of preventing NCDs through health promotion and health advocacy. She is the Director of the Health Promotion Division and Additional Professor at Public Health Foundation of India. She has published extensively in the area of preventing NCD risk factors in different settings and particularly in the area of tobacco control and tobacco cessation.

She completed her PhD from All India Institute of Medical Sciences, New Delhi and also holds M.Sc. (Public Health) from London School of Hygiene & Tropical Medicine (LSHTM) and a Postgraduate Diploma in Epidemiology from LSHTM, University of London.

She is a member of Technical Resource Group on Adolescent Health and member on various expert committees and task forces formed by Ministry of Health and Family Welfare, Government of India on NCDs prevention & control and tobacco control. She is actively coordinating activities for Healthy India Alliance, a 16 Indian NGOs coalition.

Dr. Arora has been honoured with the Best Practices Award in Global Health in 2011 by the prestigious Global Health Council, for demonstrating best practice example in the area of health promotion among youth and community, especially focusing on preventing NCDs. She has also been awarded with WHO Director General's World No Tobacco Day Award in 2012.